

NEW PROCEDURE

DOCUMENT: PP1

SECTION: F-4 - Safe Sport

CURRENT WORDING:

New Procedure

CHANGE:

F-4.1 PROCEDURE: Procedures to Prevent Communicable Disease

Preventing communicable disease involves taking ongoing measures to reduce the risk of communicable disease transmission which includes implementing additional measures when advised by Public Health.

Each club must create a Communicable Disease Prevention Plan based on the Template provided by WorkSafeBC which can be found [here](#). The following procedures are based on this template:

Follow Guidelines

1. Appoint a member in each club to act as a Safety Coordinator. It would be the responsibility of this person to:
 - a. Monitor and review communicable disease related information issued by the Regional Health officer and any information provided by BCSSA, viaSport, WorkSafeBC or other responsible organization.
 - b. Know and follow all venue guidelines for communicable disease prevention.
 - c. Be the main point of contact with BCSSA in regards to Safety related issues.

It's Always Safer Outdoors

2. Where possible utilize outdoor spaces for training and social events. For example:
 - a. Use outdoor venues for summer training when possible
 - b. Consider outdoor warm-ups when the weather permits
 - c. Continue to explore unique opportunities for outdoor skating
 - d. Host club social events outdoors when possible

Check Before You Travel

3. Not all jurisdictions will be following the same protocols, before traveling be sure to:
 - a. Verify local public health restrictions before travelling out of province
 - b. Verify Canadian federal and local restrictions before travelling out of country
 - c. Check with local public health before hosting out-of-region skaters for camps and competitions
 - d. Communicate local public health guidance to out-of-region skaters

Consider Other People's Situation

4. Ensure members have the information they need to make informed decisions about health issues and risk by:
 - a. Communicate early and often with members and event participants
 - b. Support members' varying level of risk tolerance regarding communicable diseases
 - c. Allow members to wear a mask and/or other personal protective equipment if they choose

Get Vaccinated/Personal Protection

5. Vaccination status and history is private personal health information. No one will be asked for proof of vaccination to participate in BC Speed Skating activities.
6. Masks are recommended indoors off the ice for those aged 12+ who have not received both immunization shots

Stay Home if Sick

7. Implement, communicate and enforce and stay-home-when-sick policy for club events
8. Request that members and event participants complete a self-health check as part of standard practice.
9. Continue to record attendance to allow for contact tracing.
10. Modify team selection policies to allow for illness byes

Clean and Wash Hands

11. Provide education on hand hygiene standard guidelines
12. Request hand hygiene is performed before and after using common equipment such as protective pads, corner belts etc.
13. Provide hand sanitizer in shared spaces such as on the timing platform, in the recording room, in the hospitality room where food is served etc.
14. Develop regular cleaning procedures for shared equipment
15. Ensure first aid kits are appropriately stocked with PPE

Respect Personal Space

16. Choose sport event group sizes that allow for adequate spacing; this may require in-out competition formats
17. Be aware of capacity for events with seated spectators
18. Use good respiratory etiquette, including coughing into your elbow, no spitting on the ice, using electronic whistles etc.
19. Implement strategies to keep personal belongings separated, for example skater bins on the ice and assigned spots in the change rooms
20. Allow for adequate spacing in shared spaces such as the timing platform or coaches box
21. Use technology where appropriate to replace the high number of volunteers required; for example, electronic timing systems
22. Consider practice activities that allow for distance and space between participants when feasible and appropriate

References and Resources

These procedures refer to the following sources:

- viaSport Return to Sport - <https://www.viasport.ca/return-sport>
- The Recreation & Parks Sector Guideline for Restarting Operations <https://www.bcrpa.bc.ca/covidguideline/>

- WorkSafe BC - communicable Disease Prevention Guide
<https://www.worksafebc.com/en/resources/health-safety/books-guides/communicable-disease-prevention-guide-employers>
- BC's Restart <https://www2.gov.bc.ca/gov/content/covid-19/info/restart>

RATIONALE:

In keeping with recommendations from viaSport and WorkSafe

PROPOSED BY: Staff

RESULT: Approved by Board, July 2021

DATE: