

# **BC Speed Skating AGM 2021: Sport Technical Presentation**

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BCSSA Technical Director

## → **Sport Technical Programming**

- Season Plan
- Community Sport Programs
- Performance Development Programs
- Coach & Officials Development Programs



### **Community Sport**

- Fast Fun Friends
- The PACK
- FUNales
- Speed Week

### **Performance Development**

- Academy
- GenBC
- Team BCSSA + TEAM BC (P2PEI)
- BC Cups + Championships
- Provincial Challenges
- BC Winter Games

### **Coach Development**

- Certification Pathway
- Recognition
- Professional development

### **Officials Development**

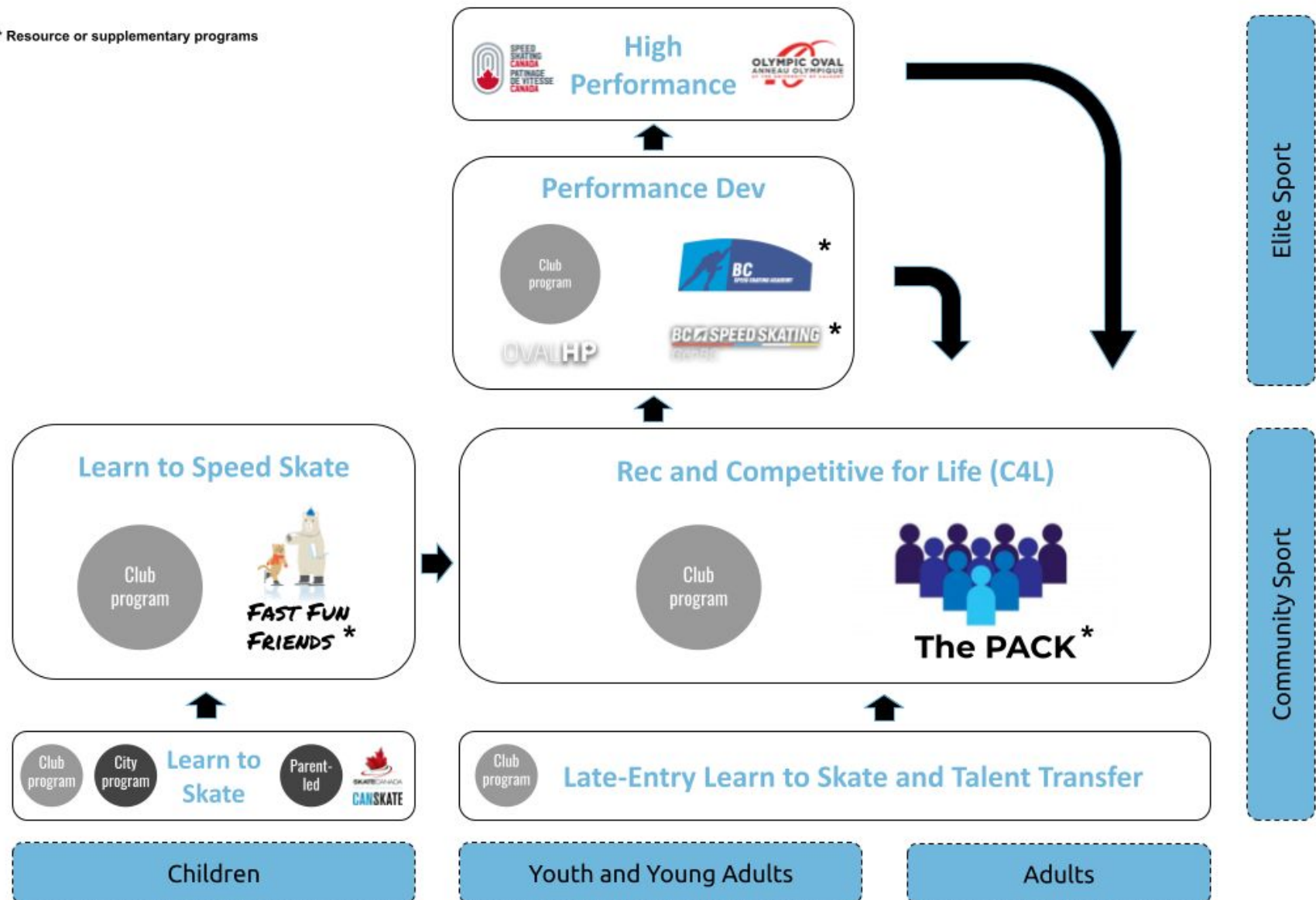
- Certification Pathway
- Recognition
- Professional development





# BC SPEED SKATING Skater Programs Pathway

\* Resource or supplementary programs



- Sport Technical Programming
- **Season Plan**
- Community Sport Programs
- Performance Development Programs
- Coach & Officials Development Programs







## 2021-2022 Season Plan Outline

**What?** Coordinated and intentional plan for returning to more typical speed skating events in BC during the 2021-2022 season.

### **Why?**

- Ongoing uncertainty around COVID-19 restrictions
- Desire for a safe, progressive and developmentally-appropriate return to competition

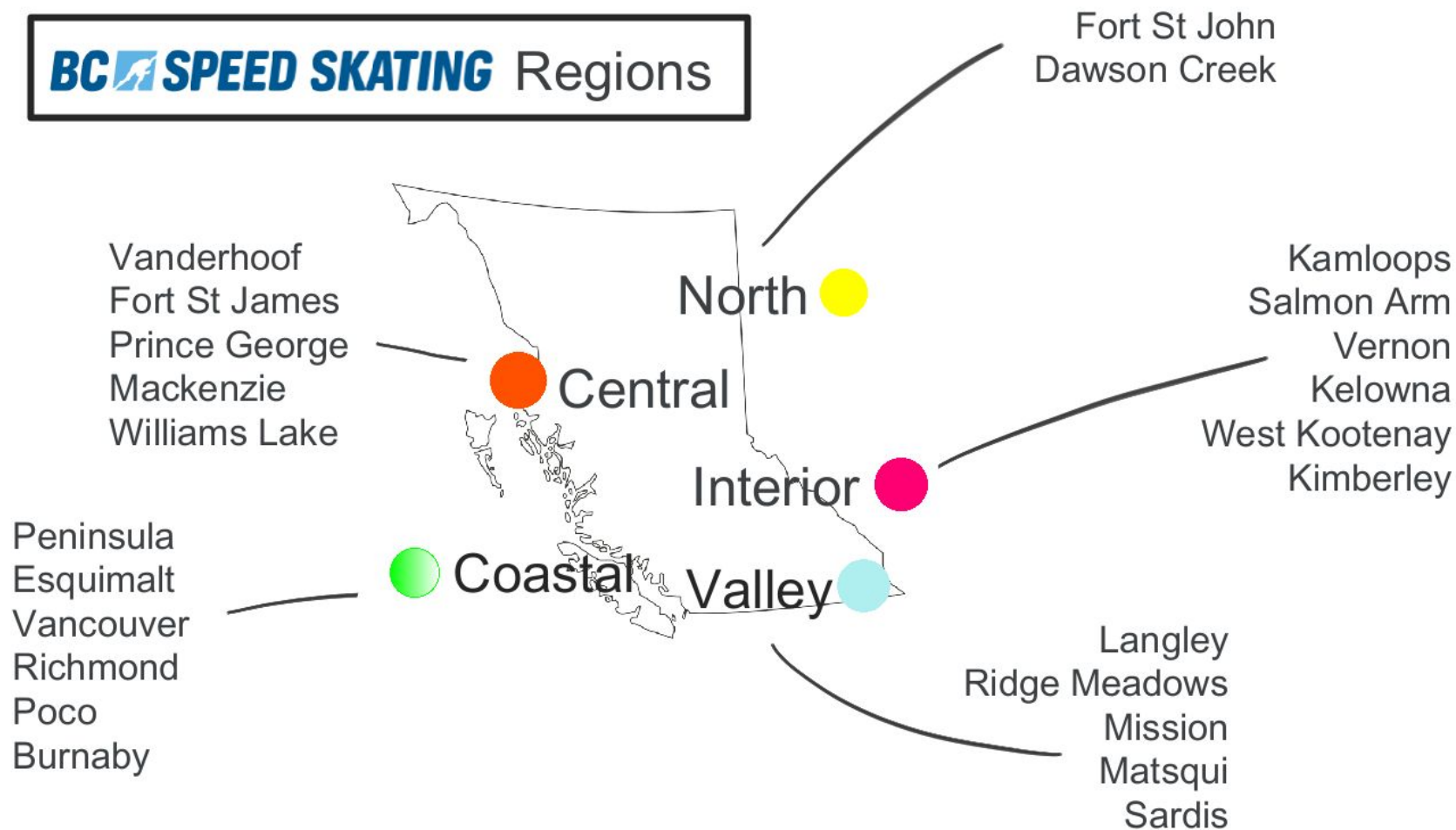


<b>Preparation May - August 2021</b>	<b>Regional Reactivation September - December 2021</b>	<b>Provincial Reactivation January - March 2022</b>
Provincial online delivery	Provincial online delivery	Select provincial in-person delivery
	Regional in-person delivery	Regional in-person delivery
Community in-person delivery	Community in-person delivery	Community in-person delivery



*All dates and events are subject to change based on COVID-19 restrictions*

**BC SPEED SKATING** Regions





## Provincial Reactivation (January - March 2022)



January 2022  
(exact date TBC)

March 2022  
(exact date TBC)

BC LT Championship +  
Academy @ BCLT +  
BC Cup ST

February 24-27, 2022  
Vernon

BC ST Championship +  
Academy @ BCST



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## **Fast Fun Friends**

**What?** Resource program for clubs to facilitate their delivery of quality Learn to Speed Skate programs for children.

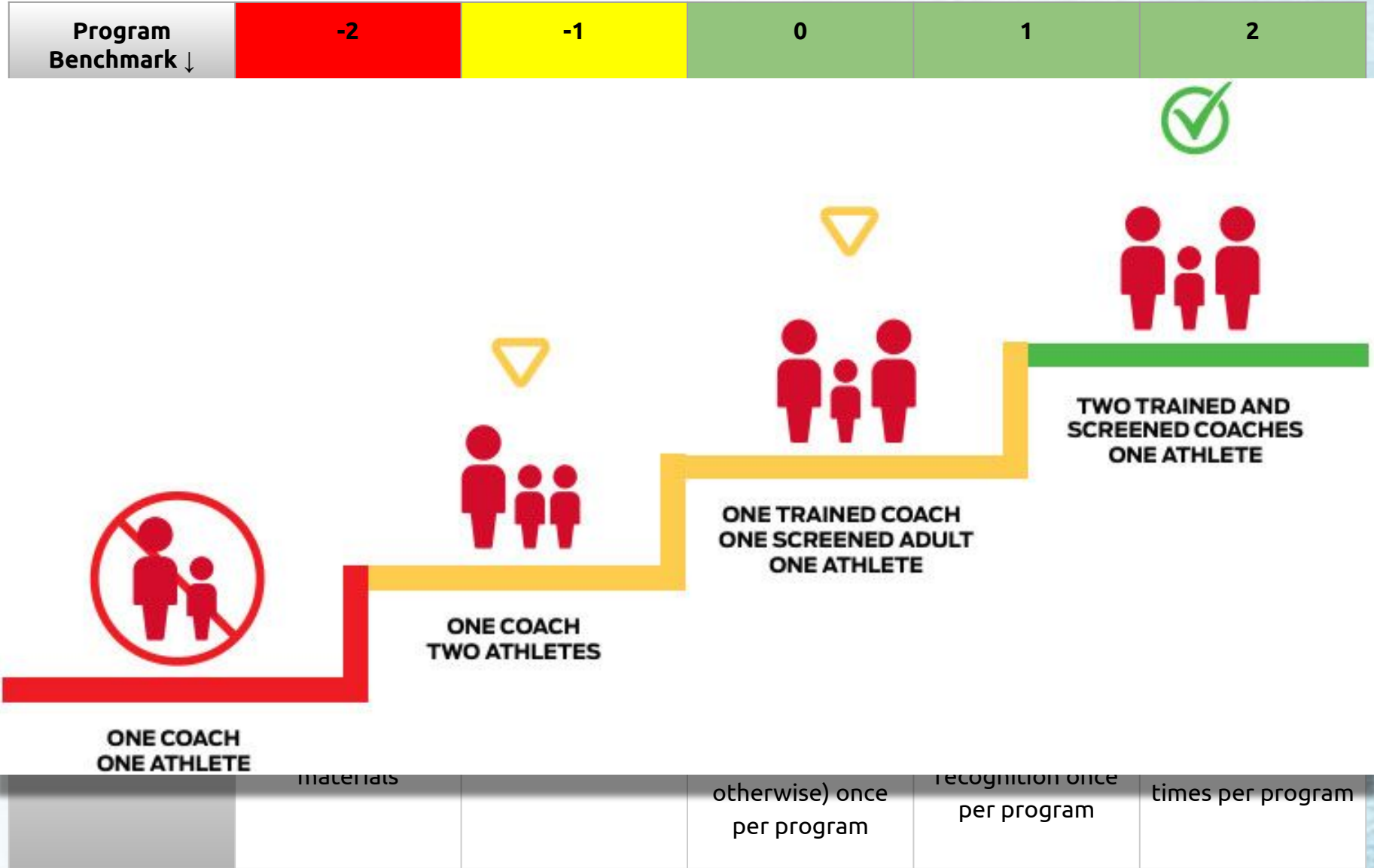
**Why?** Ensure Fast Fun Friends skaters and parents begin their speed skating experience in a safe, welcoming and developmentally-appropriate environment.

**How?** Communication, guidance and recognition tools to standardize the delivery of programs across the province.





Program Benchmark ↓	-2	-1	0	1	2
<b>Coach : Skater Ratio</b>	One coach only (Rule of 2 not being followed)	One coach with another adult always present in field of play	Minimum 1 coach (lead or assistant) for every 10 participants, with Rule of 2 being followed	Minimum 1 coach (lead or assistant) for every 6 participants with Rule of 2 being followed	Minimum 1 coach (lead or assistant) for every 4 participants, with Rule of 2 being followed
<b>Parent Communication</b>	Skaters/parents do not receive the FFF documents	Each skater/parent has a FFF booklet	Each skater/parent has a FFF booklet and receives the FFF club welcome letter	Expected requirements + ongoing communication	Expected requirements + ongoing communication + welcome session (in-person or virtual)
<b>Skater Recognition</b>	Skaters do not receive awards or celebratory materials	Skaters receive position-based awards only	Each skater receives a personalized achievement award (PACE Award or otherwise) once per program	Personalized achievement award + Cutting Edge pin program recognition once per program	Personalized achievement award + Cutting Edge pin program multiple times per program





# the **PACK**

**What?** Training and competition enhancement program for recreational and Competitive for Life skaters.

**Why?** Allow The PACK skaters to experience quality and intentional programming at their desired level of sport.

**How?** Targeted interventions based on feedback and suggestions from The PACK skaters.

## BC LEADERBOARD

Select a season

2021/2022

Search

L2T FEMALE 400m 8-11 - no results found  
L2T FEMALE 1200m 8-11 - no results found  
L2T MALE 400m 9-12 - no results found  
L2T MALE 1200m 9-12 - no results found  
T2T FEMALE 400m (ST) 11-14 - no results found  
T2T FEMALE 1500m (ST) 11-14 - no results found  
T2T FEMALE 500m (LT) 11-14 - no results found  
T2T MALE 400m (ST) 12-15 - no results found  
T2T MALE 1500m (ST) 12-15 - no results found  
T2T MALE 500m (LT) 12-15 - no results found  
JUNIOR FEMALE 500m (ST) 15-18 - no results found  
JUNIOR FEMALE 1500m (ST) 15-18 - no results found  
JUNIOR FEMALE 500m (LT) 15-18 - no results found  
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JUNIOR MALE 1500m (ST) 15-18 - no results found  
JUNIOR MALE 500m (LT) 15-18 - no results found  
JUNIOR MALE 1500m (LT) 15-18 - no results found



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**What?** Training enhancement program for competitive club elite L2T- to junior-aged skaters.

**Why?** Raise the depth and breadth of our performance development pool of skaters.

**How?** Exposure to performance development training methods and environments in a camp-based format.

# **BC SPEED SKATING**

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## *GenBC*

**What?** Training enhancement program for selected top-ranked T2T- and Junior-aged skaters.

**Why?** Provide BC-based training opportunities to prepare GenBC skaters for a successful transition to an RTC.

**How?** Continuous exposure to performance development training methods and environments in camp-based formats and via ongoing provincial coach support.

## GenBC Eligible Skaters

Pareesa Jones	Meena Litt	Caleb Van der Merwe	Matthew Mitchell
Beth Smith	Dain Song	James Reed	Theory Havelka
Cheyenne Key	Megan Vansickle	Amos Scott Bouris	Wilfred Chan
Caroline Dong	Prabhnoor Grewal	Nelson Smith	Jack Hanson
Brooke Braun	Kierana Laut	Roanan Tien-Vidal	Mason Floriant
Hana Hoffman	Talia Halperin	Adam Turner	Barnett Liu
Charlotte Sernoski	Manuela Escobar-Ballen	Benjamin Konwicki	Noah Hyun
Tiffany Tong	Sarah Hanson	Austin MacGregor	Kieran Hanson
Anyu Liu	Gabrielle Oetomo	Alex Duan	Adam Mong
Sidney Bennie	Calla Haaheim	Daniel Liu	Michael Oetomo
Hannah North	Eunice Ding	Nathan Bastiaansen	Ryan Bolton
			Cameron Thomas



## Competition-Focused Performance Development Programs

- Team BCSSA + TEAM BC
  - Team BCSSA to Canadian Youth Championships
  - Team BCSSA to Canadian Junior Championships
  - TEAM BC to CWG 2023 (“Push to PEI”)
- BC Cups + Championships
  - BC Cup ST January 2022
  - BC LT Championships January 2022
  - BC ST Championships March 2022
- BC Winter Games
  - BCWG February 2022
- Provincial Challenges
  - Sprint Challenge
  - Relay Challenge



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	<b>Coach Development</b>	<b>Officials Development</b>
<b>Certification</b>	<ul style="list-style-type: none"> <li>• Online delivery of FUNd Leader</li> <li>• Hybrid delivery of FUNd Coach</li> <li>• Hybrid delivery of Intro to Comp</li> </ul>	<ul style="list-style-type: none"> <li>• Online delivery of Level 1</li> <li>• Hybrid delivery of Level 2</li> </ul>
<b>Recognition</b>	<ul style="list-style-type: none"> <li>• Award nominations</li> <li>• National Coaches Week</li> <li>• Junior Coaching Program Re-Launch</li> </ul>	<ul style="list-style-type: none"> <li>• Award nominations</li> <li>• Level 2 name badges</li> <li>• Junior Officiating Program Re-Launch</li> </ul>
<b>Professional Development</b>	<ul style="list-style-type: none"> <li>• Professional development webinars and sessions</li> <li>• Safe Sport awareness campaign</li> <li>• Sport Technical Community of Practice</li> </ul>	







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Association  
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1,156 people follow this

2 check-ins

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**“BC Speed Skating Sport Technical Community of Practice”**

*Questions?*