The Kamloops Long Blades would like to invite you to our . . .

# $6^{\text {th }}$ Annual COYOTE CUP <br> Saturday January 28th, 2017 

AND

## Western T2T Circuit SPEEDTACULAR <br> Saturday January 28 \& Sunday January 29 ${ }^{\text {th }}, 2017$

## Both will be at the McArthur Island Olympic Arena in Kamloops, B.C.

The Coyote Cup is a really fun event, following LTAD principles of making competing fun and enjoyable. Everyone skates away as a winner and clubs work together as a club team for the Coyote Cup. Open to AS/FUNd/L2T/T2T age categories.

This competition has grown every year, Club points are awarded and the winning club outside of Kamloops takes home a small Coyote Cup. Medals will be awarded at the end of the competition for all competitors.
The Western T2T Circuit "SPEEDTACULAR" is a new competition for the T2T age category. It is one of the competitions that skaters in this age group can use for BC ranking (see the ADC High Performance Bulletin). T2T from Alberta and BC will compete in this 2-day competition. Speedtacular competition is for Stage 1 (T2T) skaters and is an initiative to have (1) Edmonton Fall Classic, (2) the KLB Speedtacular and then (3) the provincial finale (BCST or RUFast) as a "series". This competition will give this age group a better understanding of competing at a two day meet, using placements for advancements from heats/semis/finals.

Format will follow the recommendations of the BC Athlete Development Committee.

Please don't hesitate to contact us. We are looking forward to seeing you in the Interior.

Carol Dougan, Meet Coordinator Kamloops Long Blades Speed Skating Club cbdougan@shaw.ca


